

## **IDD-MH Professional Development**

Course on the Mental Health Aspects of IDD for Care Coordinators

# **Next Course Begins October 7th, 2024**

This course is designed to improve knowledge for care coordinators and care managers to successfully support children and adults with IDD and mental health service needs (IDD-MH) and their families. Speakers will include family members and people with lived experiences along with experts in the field.

#### Who should attend?

- Managed Care Organization (MCO) Care Coordinators
- Service coordinators/case managers
- Case management/service coordination supervisors & directors
- Program managers & training managers/coordinators
- Intake & intervention support specialists

#### What does this course entail?

The course consists of 6 weekly, webinar-style sessions via Zoom (105 minutes each) where the course facilitator will demonstrate how the information reviewed during sessions can be applied in the day-to-day support of people with IDD-MH. Each session promotes participant engagement through polls, chat, breakout groups, and other methods.

#### **Participant Feedback**

"The facilitators are intelligent, passionate, good listeners and willing to spend extra time with the group to provide insight.

"This course provides excellent interaction and audience engagement with useful and relevant content by knowledgeable facilitators."

"You can really see the passion the facilitators have in supporting individuals' learning."

#### What do I get?

To receive a Certificate of Completion with 1.05 University of New Hampshire CEUs and 10.5 contact hours, participants must:

- Attend each Zoom session (if unable to attend a session, a recording will be available)
- Engage with materials for each session, available in a materials folder for each participant.
- Complete a short session survey following each session.

### What are the learning objectives?

At the conclusion of this course, participants will be able to:

- Identify how common mental health conditions may present in persons with IDD.
- Describe at least three (3) strategies aimed at improving systemic engagement and linkages.
- List at least three (3) ways to include the perspective of the service recipient and their families in service planning and delivery.
- Explain the differences between leadership and advocacy.
- Apply skills and approaches learned within sessions to the supports and services delivered to individuals with IDD-MH and their families.

#### When does this course happen?

This course meets once weekly via Zoom on Mondays from 2:30pm-4:15pm ET.

Fall 2024 Registration